### ORIGINAL ARTICLE

# Modification of multidrug resistance of tumor cells by ionizing radiation

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#### **Abstract**

*Purpose* The effect of ionizing radiation on multidrug resistance (MDR) of human larynx cancer HEp-2 cells has been investigated. We studied the dependence of the radiation effect on radiation dose, time after irradiation and cell density.

Methods MDR was determined from an increase in cell sensitivity to daunorubicin, taxol and vincristine by the inhibitors of multidrug resistance cyclosporin A and avermectin  $B_1$ , and from the suppression by cyclosporin A of the transport of rhodamine 123 out of the cells. The cells were irradiated with X-ray beams (dose rate  $1.12 \text{ Gy min}^{-1}$ ) at room temperature.

Results It was shown that, at 8 and 16 h after irradiation with doses up to 4 Gy, the multidrug resistance of cells increases, and at 24 h it decreases to the control level. The effect was maximal by 16 h after irradiation with a dose of 1 Gy. Both, the contribution of active transport to the rate of rhodamine 123 efflux from cells and their resistance to vincristine, increased. The effect of irradiation on multidrug resistance of HEp-2 cells depended on the density of cells on the substrate, being maximal at a density of 80,000–100,000 cm<sup>-2</sup>.

Conclusion The irradiation-induced changes in the MDR of tumor cells should be taken into account when combining radiotherapy with chemotherapy. It was assumed that the dependence of multidrug resistance of HEp-2 cells on

radiation dose and cell density is determined by changes in the amount of reactive oxygen species in the cells.

**Keywords** Multidrug resistance · Rhodamine 123 · Tumor cells · Radiation

#### Introduction

Multidrug resistance (MDR) of tumor cells, which is caused by the expression of transport proteins removing antitumor preparations from the cells, is one of the main factors that hinder the successful chemotherapy of tumors. In the case of drug-resistant tumors, it would be expedient to use other therapeutic methods, in particular, radiotherapy or radiotherapy in combination with chemotherapy. For the effective combined use of radiation and antitumor preparations, it is necessary to know how radiation affects the MDR of tumors. At present, two papers devoted to the effect of radiation on the expression of mRNA of the MRP (multidrug resistance protein) gene in human leukemia cells [1] and the expression of ABC-1 transport protein [2] in human glioma cells have been reported. In both studies, irradiation was shown to increase the expression. There is also substantial evidence that indirectly indicates that radiation can affect the MDR of tumor cells caused by transport proteins. The expression and activity of these proteins are affected by oxidative stress [3, 4], and depend on protein kinase C [5–7] and the transcription factors, NFkB and c-Jun [5, 6, 8, 9]. It is also known that ionizing radiation induces an increase in the amount of reactive oxygen species (ROS) in cells (oxidative stress) [10] and transcription factors [11-13] and enhances the activity of protein kinase C [14, 15].

In the above-cited studies on the effect of radiation on MDR of tumor cells, it was shown that irradiation increases

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the amount of mRNA and transport proteins, whereas the effect of radiation on their activity and the resistance of cells to toxic agents have not been investigated. In the present work, we studied the effect of radiation on the rate of efflux of the substrate of transport protein rhodamine 123 from human larynx cancer cells HEp-2 and on the resistance of cells to vincristine.

## Materials and methods

#### Chemicals, medium, buffers and reagents

The antitumor preparations were vincristine (Gedeon Richter, Hungary), doxorubicin and taxol (both Sigma, United States). The inhibitors of transport proteins were cyclosporin A (Sigma, USA) and avermectin  $B_1$  (Farmbiomed, Russia). Dulbecco's modified Eagle's medium (DMEM), RPMI-1640 medium, fetal calf serum (FCS), gentamicin, Hank's balanced salt solutions (HBSS), crystal violet, SDS and digitonin were purchased from Sigma, USA. Rhodamine 123 was from ICN, USA. Daunorubicin was dissolved in HBSS; vincristine was dissolved in physiological solution supplemented with 0.9% benzyl alcohol; other agents were dissolved in ethanol. Ethanol at the maximum concentration used (0.1%) did not affect cell survival; it was  $103 \pm 3\%$ .

### Cell, cell culture and cell survival determination

Human larynx cancer HEp-2 cells (Collection of cell cultures, Institute of Cytology, St. Petersburg) in DMEM supplemented with 10% FCS and 40 µg ml<sup>-1</sup> of gentamycin were grown attached to the substrate in 96 well plates (ICN, USA), with 0.1 ml of medium in each well at a concentration of 100,000 ml<sup>-1</sup>. After 24 h incubation at 37°C in an atmosphere of 5% CO2, the agents being examined were added and incubation was continued for an additional 2 days. In experiments in which the effect of radiation on MDR of cells was determined by the criterion of survival, the amount of cells per well was greater, 0.1 ml at a concentration of 140,000 ml<sup>-1</sup>, since the effect of radiation on MDR depends on the concentration of cells on the support (see Results). In experiments on the effect of irradiation with a dose of 1 Gy, the cells were seeded at 11 h and irradiated at 17 h; 16 h after the exposure, they were treated for 30 min at 37°C with vincristine. The cells were irradiated with X-ray beams from an RUT-250-15-1 X-ray facility (dose rate 1.12 Gy min<sup>-1</sup>, power 200 kV, current strength 20 mA, 1 mm Al filters and 1 mm Cu filters, focus distance 37 cm) at room temperature. After the treatment, the cells were washed thoroughly with the medium and incubated for 2 days at 37°C in an atmosphere of 5% CO<sub>2</sub>. After the termination of incubation, the cells were stained with 0.02% crystal violet in 20% ethanol for 10 min, then the dye was removed, the wells were washed with water and a 0.1% SDS solution was added to extract the dye from the cells. The optical density of the extracted dye was determined at 570 nm on a Multiscan Plus spectrofluorimeter. The background optical density was determined in stained wells, which contained the medium and serum without cells. The photometric crystal violet assay was linear, from 1,000 to 30,000 cells in the well. The survival of cells was determined by the formula:  $N_o/N_k = (D_o - D)/(D_k - D) \times$ 100%, where  $D_o$ ,  $D_k$  and D are the optical densities in the experiment, control and the background density, respectively, and  $N_a/N_k$  is the cell survival, i.e., the amount of live cells in the experiment relative to the control. The distribution of cells with respect to cell cycle phases was determined by measuring the content of DNA on a one-channel flow-through cytometer. The device provides a resolution of 2–4% with the rate of cell counting at  $10^2$  cell s<sup>-1</sup>. The cells were fixed in a 70% ethanol solution and stained with the fluorescent dye Hoechst 33258 (Serva, Germany).

### Determination of rhodamine 123 transport

The activity of transport proteins that provide MDR was determined from the rate of efflux of rhodamine 123 [16, 17]. The cells were seeded in DMEM, supplemented with 10% FCS and gentamycin (40 μg ml<sup>-1</sup>), in 25-ml plastic culture flasks; the medium volume in each flask was 6 ml. Prior to seeding, the flask was made to stand on the narrow side and two glass plates ( $50 \times 9$  mm, 2 mm thick) were placed into it. The density of cells seeded on the plates varied from 20,000 to 300,000 cm<sup>-2</sup>. The cells were irradiated on an X-ray facility, 16 h prior to the determination of the transport rate of rhodamine 123. After a 24-h incubation in a  $CO_2$  incubator at 37°C, the cells were washed with RPMI 1640 and loaded for 60 min at 37°C with rhodamine 123,  $0.5 \,\mu \mathrm{g \ ml^{-1}}$  (1.3  $\mu \mathrm{M}$ ) in RPMI 1640 containing 5% fetal calf serum. After incubation, the cells were washed, from the dye, three times  $(3 \times 10 \text{ min})$  with a cold  $(2^{\circ}\text{C})$  HBSS supplemented with 1% FCS. After washing, the plates with the cells were stored in HBSS, supplemented with 0.5% serum, on ice till measurements. The plate with the cells was placed on a cuvette of an MF44 Perkin-Elmer spectrophotometer containing HBSS with 0.5% FCS (3 ml of volume) at 37°C, and the content of rhodamine 123 in the medium was determined at intervals of 2 s under continuous stirring. The wavelengths of excitation and emission were 488 and 520 nm, respectively. After several minutes of efflux of the dye, the inhibitor of transport proteins, cyclosporin A,  $0.3-1 \,\mu g \,ml^{-1}$  ( $0.24-0.8 \,\mu M$ ), was added into the cuvette to determine the coefficient R of the inhibition of active transport of rhodamine 123, which character-



izes the MDR [16]. To determine the total amount of rhodamine 123 in the cells, at the end of the experiment, the cells were made permeable by adding 0.02% digitonin. The determination rate constants for normal (k) and inhibited  $(k_i)$  rhodamine efflux from cells on one plate reduce the error in the determination of their ratio, which is necessary for calculating the coefficient R ( $R = k/k_i$ ).

### Statistical analysis

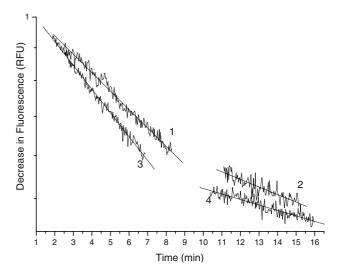
All experiments were carried out in no less than three replicates. In the figures, arithmetic means and standard errors of means are given. Statistical significance was considered for P value < 0.05. The exponential and linear curve fitting and statistical analysis were performed using OriginPro 7 graphic software.

#### Results

Human larynx cancer HEp-2 cells possess MDR, which is due to the efflux of toxic agents. This is evidenced by an increase in their sensitivity to various antitumor drugs (daunorubicin, taxol and vincristine) in the presence of the inhibitors of transport proteins, cyclosporin A and avermectin  $B_1$  (data not shown). The concentrations at which cell survival decreased by 50% (IC<sub>50</sub>) were 300, 27 and 13.5 nM for daunorubicin, taxol and vincristine, respectively. The inhibitors by themselves at the concentrations used do not affect cell survival [18]. Cyclosporin A decreases IC<sub>50</sub> value of daunorubicin 6.7 times and that of taxol 11 times. Avermectin  $B_1$  decreases the IC<sub>50</sub> of vincristine 3.3 times. Cyclosporin A and avermectins also decrease the rate of efflux of rhodamine 123 from these cells [18].

Changes in the expression of mRNA of the genes of transport proteins and of the proteins themselves in the cells were observed at 2–4 and 24 h after the exposure to radiation [1, 2]. Correspondingly, changes in the efflux of substrates of transport proteins from the cells and in the

resistance of cells to toxic agents should occur at the same time or somewhat later. We studied the effect of radiation on the MDR of HEp-2 cells at 8, 16 and 24 h after exposure to a dose of 1 Gy (Fig. 1, Table 1). Typical curves of decrease in cell fluorescence versus time in control and after irradiation are shown in Fig. 1. The efflux of rhodamine 123 in irradiated cells increases in the absence of the inhibitor and decreases in the presence of it. This suggests that irradiation not only enhances the active efflux of rhodamine 123, but also suppresses the passive outflow. The dose of 1 Gy increases the R value at 8 and 16 h, with a maximum effect being observed at 16 h (Table 1). At 24 h after irradiation, the R value decreases to the control level. The changes in cell distribution with respect to the cell cycle phases in control and after irradiation with a dose of 1 Gy are presented in Table 2. In control, the percentage of cells in the G1 phase increases and that in the S phase decreases with increasing time after seeding  $(80,000 \text{ cm}^{-2})$ . This means that, at this cell density, cells move toward the stationary growth phase. The irradiation with 1 Gy did not



**Fig. 1** The efflux rhodamine 123 from HEp-2 cells in control (I, 2) and 16 h after irradiation with the dose 1 Gy (3, 4). I, 3 without and 2, 4 with cyclosporin A, 1 µg ml<sup>-1</sup>

**Table 1** Dependence of MDR (R), k and k, of HEp-2 cells on the time after irradiation with a dose of 1 Gy

Time after irradiation (h)	8	16	24
1 Gy	$k = 0.051 \pm 0.004$	$k = 0.056 \pm 0.004$	$k = 0.046 \pm 0.003$
	$k_{\rm i} = 0.016 \pm 0.001$	$k_{\rm i} = 0.013 \pm 0.001$	$k_{\rm i} = 0.018 \pm 0.002$
	$R = 3.2 \pm 0.3$	$R = 4.3 \pm 0.1$	$R = 2.5 \pm 0.1$
Control	$k = 0.045 \pm 0.004$	$k = 0.044 \pm 0.003$	$k = 0.043 \pm 0.003$
	$k_{\rm i} = 0.018 \pm 0.001$	$k_{\rm i} = 0.018 \pm 0.001$	$k_{\rm i} = 0.017 \pm 0.002$
	$R = 2.5 \pm 0.1$	$R = 2.4 \pm 0.1$	$R = 2.5 \pm 0.1$

k and  $k_i$  are rate constants of rhodamine 123 efflux without and with inhibitor accordingly;  $R = k/k_i$ 

The density of cells on the plates:  $80,000 \text{ cm}^{-2}$  (d = 50), cyclosporin A concentration:  $1 \text{ µg ml}^{-1}$ . The number of experiments was four and more



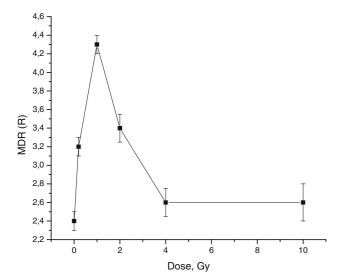
**Table 2** Time dependence of changes in the cell cycle phase distribution of HEp-2 cells after sham irradiation (control) and after irradiation with a dose of 1 Gy

Experimental conditions	Percent of cells		
	G1	S	G2 + M
Control, 4 h	$41 \pm 0.8$	$42 \pm 0.4$	$17 \pm 0.4$
Control, 8 h	$44 \pm 0.4$	$32 \pm 0.4$	$24 \pm 0.8$
Control, 16 h	$59 \pm 0.8$	$23 \pm 1$	$18 \pm 0.8$
Control, 24 h	$61 \pm 0.8$	$22 \pm 1.2$	$17 \pm 0.8$
1 Gy, 4 h	$36 \pm 0.2$	$46 \pm 0.4$	$18 \pm 1.2$
1 Gy, 8 h	$25 \pm 0.4$	$35 \pm 1.6$	$40\pm1.6$
1 Gy, 16 h	$63 \pm 1.2$	$17 \pm 1$	$20 \pm 0.3$
1 Gy, 24 h	$61 \pm 2$	$22 \pm 2$	$17 \pm 0.4$

The number of experiments was three in all variants

lead to a delay of cells in the G1 phase, which points to the mutation of p53 gene in HEp-2 cells [19]; however, in the G2 phase, a significant delay is evident at 8 h after irradiation. In the S phase, a marked decrease in the percentage of cells after irradiation is observed at 16 h. The cell cycle distribution of irradiated HEp-2 cells returns to the control level by 24 h after irradiation.

The dependences of the radiation effect on MDR on dose and cell density were studied at 16 h after irradiation, when the effect was maximal. Figure 2 shows the dependence of the coefficient of inhibition of rhodamine 123 efflux from cells, by cyclosporin A (1  $\mu$ g ml<sup>-1</sup>), on the radiation dose. As it follows from the figure, R increases as dose increases to 1 Gy; further increase in dose leads to a decrease in R. At a dose of 4 Gy, the R value does not differ from the control

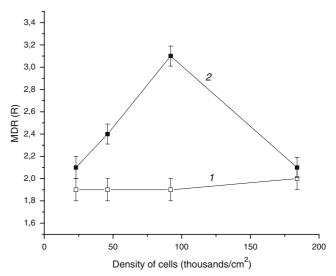


**Fig. 2** Effect of irradiation on MDR (R) of HEp-2 cells 16 h after irradiation. The average density of cells on the plates, 70,000 cm<sup>-2</sup> (d = 40). Cyclosporin A concentration, 1 µg ml<sup>-1</sup>

value. At a dose of maximum effect, 1 Gy, the *R* value increases 1.6 times.

The effect of radiation on MDR depends on the density of cells on the plate, reaching a maximum at 80,000- $100,000 \text{ cm}^{-2}$  (Fig. 3). It is evident from Fig. 3 that the R value for control cells does not depend on the density of the cells on the plate, which is consistent with the theoretical predictions [16]. The results shown in Fig. 3 were obtained at a lower concentration of cyclosporin A  $(0.3 \,\mu g \,ml^{-1})$ ; however, the R value at a dose of 1 Gy also increases relative to the control (1.6 times), as it happens at a concentration of cyclosporin A of 1 µg ml<sup>-1</sup>. Figure 3 shows the dependence of R on the density of cells seeded on the plate, when the number of cells was determined by direct counting with a hemocytometer. The number of cells on each separate plate can also be determined from the amount of rhodamine 123 accumulated on the plate, which is measured after the treatment of cells with digitonin (d). The dependence of d on the density of cells is shown in Fig. 4. The dependence is strictly linear up to a density of  $150,000 \text{ cm}^{-2}$ , and the point for a density of  $270,000 \text{ cm}^{-2}$ deviates from the linear dependence, probably due to the substances that leave the cells after their treatment with digitonin. Figure 5 shows the dependence of the effect of irradiation at a dose of 1 Gy on d. It is also evident from the figure that the effect of irradiation on R depends on the number of cells. The R value reaches a maximum at d equal to 50-60, which also corresponds to the density of cells on the plate of  $80,000-100,000 \text{ cm}^{-2}$  (Fig. 4).

Thus, 16 h after irradiation of cells with doses less than 4 Gy, the R value increases. A maximum effect is observed at a dose of 1 Gy and with a density of cells on the plate of  $80,000-100,000 \text{ cm}^{-2}$ .



**Fig. 3** Dependence of MDR (R) of HEp-2 cells on the density of cells on plates in control (I) and 16 h after irradiation with 1 Gy (2). Cyclosporin A concentration, 0.3  $\mu g$  ml $^{-1}$ 



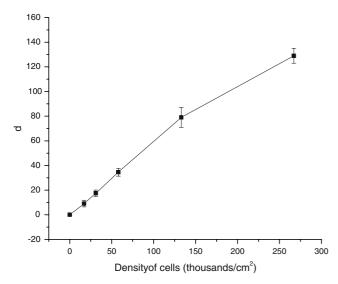
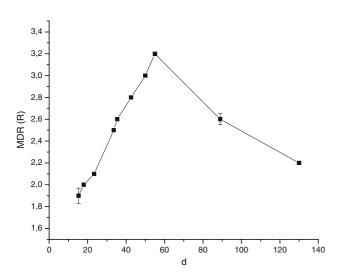


Fig. 4 Dependence of the amount of rhodamine 123 in cells (d) on the density of cells on the plates



**Fig. 5** Dependence of MDR (*R*) HEp-2 cells on the number of cells on the plates, i.e., the content of rhodamine 123 in the cells (*d*) 16 h after irradiation with 1 Gy. Cyclosporin A concentration,  $0.3 \,\mu \text{g ml}^{-1}$ 

Irradiation affects not only the efflux of rhodamine 123 from cells, but also the sensitivity of cells to vincristine. Before studying the effect of vincristine on the survival of irradiated cells, it was necessary to estimate the effect of radiation itself. Figure 6 gives the dose dependence of cell survival. Irradiation with a dose of 1 Gy decreases the survival only by 3% compared with the control. The poor radiotoxicity (3%) after 1 Gy can be explained as due to the early time after irradiation exposure (2 days only). At such an early time after irradiation, cell cycle delay rather than cell death would be the reason for reduced cell numbers. Figure 7 shows the effect of a short-term (30 min) treatment of cells with vincristine on the survival of control and irradiated (1 Gy) cells. The cells were treated with the agent,

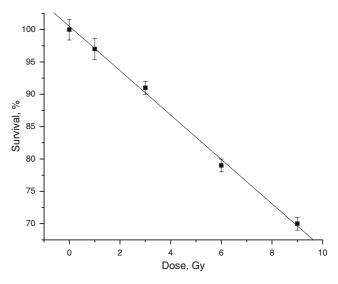
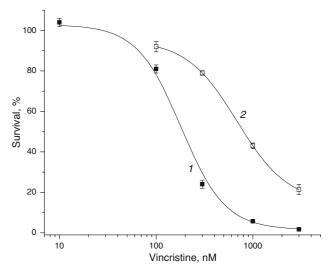


Fig. 6 Effect of radiation on survival of HEp-2 cells



**Fig. 7** Effect of vincristine on the survival of (I) HEp-2 cells and (2) Hep-2 cells irradiated with a dose of 1 Gy, 16 h prior to treatment with vincristine; duration of treatment, 30 min. IC<sub>50</sub> was 190 nM (I) and 800 nM (2)

16 h after exposure to radiation. In these experiments, 14,000 cells per well were seeded, which corresponds to a density of  $70,000 \, \mathrm{cm^{-2}}$ , as in experiments presented in Fig. 2. The IC<sub>50</sub> value for vincristine under these conditions is equal to 190 nM in control cells and 800 nM for cells at 16 h after irradiation with a dose of 1 Gy. Thus, at 16 h after irradiation with a dose of 1 Gy, not only the rate of rhodamine 123 efflux out of cells, but also their resistance to vincristine (4.2 times) increases.

## Discussion

We have shown that the MDR of HEp-2 cells increases at 8 and 16 h after irradiation with doses up to 4 Gy, which



manifests itself as an increase in the contribution of active transport to the rate of rhodamine 123 efflux from the cells and in resistance of the cells to vincristine. The effect of irradiation on MDR is maximal by 16 h after irradiation with a dose of 1 Gy at a cell density of 80,000–100,000 cm<sup>-2</sup> on the support. At 24 h after irradiation, the MDR decreases to the control level. The irradiation-induced changes in the MDR of tumor cells should be taken into account when combining radiotherapy with chemotherapy.

The R value is determined by a relative contribution of active transport to the efflux of an agent from the cells. An increase in active transport or a decrease in passive outflow of the agent can increase this relative contribution. Both possibilities are realized in irradiated HEp-2 cells (Fig. 1). The fall in the rate of passive rhodamine 123 efflux evidences a decrease in membrane permeability. Thus, the radiation-induced increase in MDR of HEp-2 cells is caused by the activation of transport and a decrease in cell membrane permeability. The changes in  $IC_{50}$  of vincristine after 1 Gy irradiation of cells differ from the change in rhodamine 123 transport. This discrepancy may be accounted for by the fact that the changes in active transport or passive permeability for vincristine and rhodamine 123 are different.

Trog et al. [2] reported that the expression of the ABC-1 transport protein in human glioma cells depends on cell density. They showed that the expression of the transport protein increases with cell growth and the concentration of cells in culture. Irradiation of cells (2 Gy) enhances the expression of the protein, the effect of irradiation being dependent on the growth phase of the culture. Irradiation increases the expression of the protein in cells more than 20 times on day 4 after seeding (logarithmic growth phase) and only 1.5 times on day 9 after seeding, when they are in the stationary phase and their density on the support is high. The authors did not discuss the possible mechanism of the effect and note that their results are only first evidence for the dependence of the expression of the transport protein on intercellular interactions in glioma cells. Irradiation of HEp-2 cells at a dose of 1 Gy increases the percent of cells in the G2 phase at 8 h and decreases the percent of cells in the S phase at 16 h (Table 2). The cell cycle distribution of HEp-2 cells irradiated with a dose of 1 Gy returns to the control level by 24 h after irradiation, and the R value decreases to control level also (Table 1). These data suggest that there is a relationship between the cell cycle distribution and the R value; however, other data are in conflict with this suggestion. First, the cell cycle distribution depends on cell density, whereas the R value in the control does not (Fig. 3). Second, the cell cycle distribution in the control changes with time after seeding, whereas the R value does not (Tables 1, 2). It is known that the effect of vincristine is maximal in G2/M. At 16 h after 1 Gy, the portion of cells in G2/M increases by 2%. The increase in the amount of cells in G2/M must enhance the cell sensitivity to vincristine (opposite to the registered effect). The change in the distribution of cells in the cycle after irradiation can somewhat contribute to changes in cell sensitivity to vincristine, but this contribution may be low in accordance with small changes in the cell cycle distribution.

When discussing the results on the dependence of MDR of tumor cells on radiation dose and cell density, it should be noted that both parameters affect the amount of ROS in cells. As dose increases, the generation of ROS by cells increases [10], and as the density of cells on the support increases, their oxygenation and hence the formation of ROS due to oxygen uptake during respiration decrease [20]. In the present study, we found an optimum for the effect of irradiation on MDR for both dose and cell density. This may indicate that the MDR of HEp-2 cells and glioma cells increases at the intermediate (optimal) level of ROS. The expression of another transporter (not MRP and not ABC-1 from glioma cells), P-glycoprotein, also depends on the amount of ROS; however, the dependence is of a different type: as ROS generation decreases, the expression increases [3, 4, 21, 22]. The data reported in the literature indicate that the MDR of tumor cells can be regulated by oxidative stress in different ways, depending on the type of the transport protein. The results on the effect of irradiation on the MDR of HEp-2 cells obtained in the present study can also be explained by radiation-induced changes in the amount of ROS.

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